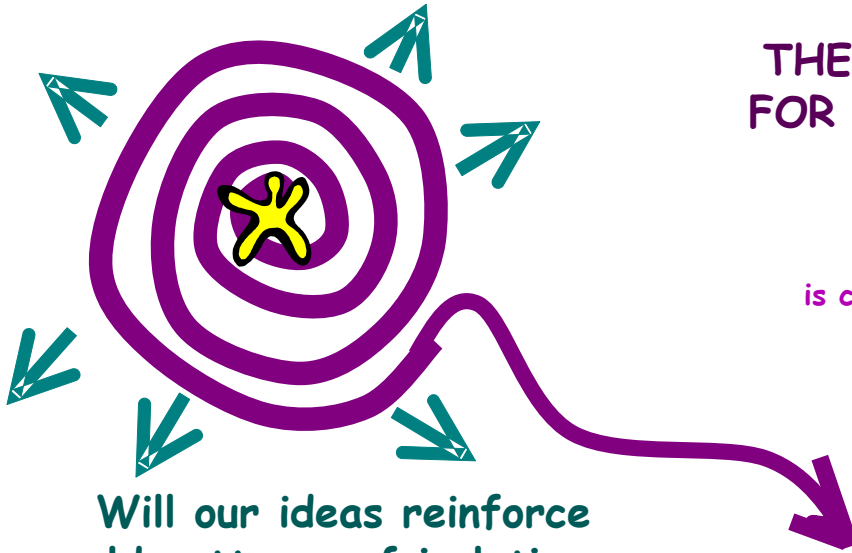


THE FIVE ACCOMPLISHMENTS PROVIDE A GUIDE FOR THE DEVELOPMENT OF A PERSONAL VISION

By John O'Brien and Connie Lyle O'Brien
The five accomplishments provide a framework for assessing our ideas about the future.

Increasing opportunity in these five areas of life is clearly the intended outcome of the Personal Futures Plan process.



Will our ideas reinforce old patterns of isolation, rejection, powerlessness, and poor reputations?

Moving away from a past characterized by:

- ▶ Isolation, seclusion, and separation by location, activities and schedule
- ▶ Rejection, loneliness, always on the outside, ignored
- ▶ Old stories, negative reputations, labels; negative self-fulfilling prophecies
- ▶ Limited voice, restriction, lack of representation, no power
- ▶ Unproductive, severely ignored, undeveloped; no resources, low expectations

Will our choices lead to relationships, dignity, choice, real contribution, and inclusion in community life?

Moving toward daily experiences which include:

- ▶ **COMMUNITY PRESENCE:** How can we increase the presence of a person in local community life?
- ▶ **COMMUNITY PARTICIPATION:** How can we expand and deepen people's relationships?
- ▶ **ENCOURAGING VALUED SOCIAL ROLES:** How can we enhance the reputation people have and increase the number of valued ways people can contribute?
- ▶ **PROMOTING CHOICE:** How can we help people have more control and choice in life?
- ▶ **SUPPORTING CONTRIBUTION:** How can we assist people to develop more competencies?